



## Athletics New Zealand Road Relay Championships

### Open Relay Course Description

Takahe to Akaroa Relay, Christchurch 3rd October 2015

#### DESCRIPTION OF ROUTE FOR RUNNERS

Important: Should there be confusion over which course to take competitors will select it as directed in Race Rule 1.4 and 13.0

#### **ALL DISTANCES GIVEN ARE DISTANCES FROM THE BEGINNING OF EACH LAP**

##### **Lap 1 Takahe to Allandale, 9.6km, uphill, downhill and undulating – [Map and Elevation](#)**

From the start (Sign of the Takahe) run on the left hand side, a winding road uphill to Sign of Kiwi 3.5km, steep downhill to Governors Bay 6.5km, then undulating to 1st baton change, 9.6km (run on left side for entire lap).  
*Arrive Allandale approximately 9:00 am – 10:55am.*

##### **Lap 2 Allandale to Gebbies Valley, 10.4km, undulating, flat, then hill – [Map and Elevation](#)**

Runners shall start on the left hand side, small hill immediately after beginning of lap. Crossover to right hand side, 2.7km, then flat to Wheatsheaf Hotel 4.3km. Crossover after 200metres, 4.5km, to run on the left hand side to bottom of hill, 6.2km. Continue running on the left hand side to end of lap. Continue to top of Gebbies Pass, 7.6km, to bottom of hill, 9.3km, flat to Millers Rd, 10.1km, turn left (Millers Rd) to 2nd baton change (300m to baton change), 10.4km.  
*Arrive Gebbies Valley approximately 9:45 am - 11:35 am.*

##### **Lap 3 Gebbies Valley to Ataahua Domain, Kaituna, 10.0km, flat. – [Map and Elevation](#)**

Runners shall run on Right hand side for entire lap. From beginning of lap runners follow Millers Road road to Akaroa highway, 3.0km, then follow main highway to Ataahua Domain, 10.0km.  
*Arrive Kaituna approximately 10:20 am - 12:10 pm.*

##### **Lap 4 Ataahua Domain, Kaituna to Lake Forsyth, 9.4km, flat. – [Map and Elevation](#)**

Runners shall run on Right hand side for entire lap on Akaroa highway. Pass Birdlings Flat turnoff, 7.6km, then a straight (the final straight to baton change is 1.5km total) before the finish at the 4th baton change, 9.4km.  
*Arrive Lake Forsyth approximately 11:05am - 12:50 pm.*

##### **Lap 5 Lake Forsyth to Cooptown, 10.7km, flat. – [Map and Elevation](#)**

Runners shall run on Right hand side for entire lap on Akaroa highway, winding road along the edge of Lake Forsyth, through Little River township 7km. Finish in Cooptown (Banks Peninsula Transport yard), 10.7km, (400m before foot of the hill).  
*Arrive Cooptown approximately 11:50 pm - 1:25 pm.*

##### **Lap 6 Cooptown to Hilltop, 6.8km, uphill. – [Map and Elevation](#)**

From beginning of lap cross to left hand side, 400m on flat then continue uphill, to finish at the start of the Summit Road. Crossover to right hand side of road will be approx. 50m before Hilltop baton change.  
*Arrive Hilltop approximately 12:30 pm - 2:00 pm.*

##### **Lap 7 Hilltop to Duvauchelle, 9.5km, undulating and downhill. – [Map and Elevation](#)**

From beginning of lap run on right hand side along Summit Road (**past Stock Route**, approx 3.8km) to cross road (Pigeon Bay/Duvauchelle intersection), 5.6km, turn sharp right at cross road. Steep downhill, run on left hand side for all downhill to baton change, 9.5km. Finish opposite Duvauchelle Hotel.  
*Arrive Duvauchelle approximately 1:05 pm – 2.30 pm.*

##### **Lap 8 Duvauchelle to Akaroa Domain, 9.9km, three hills then flat. – [Map and Elevation](#)**

Stay on left hand side for 400m then cross to right hand side, continue on right hand side until entry to boat ramp/carpark. Three hills between beginning of lap and beginning of Akaroa township, turn right, 9.2km, down boat ramp/car park entrance past the back of the Pavilion. Follow around the perimeter of the domain to finish in front of the Pavilion. See map insert.  
*Arrive Akaroa Domain approximately 1:45 pm – 3:45 pm.*