



2019 JENNIAN HOMES **NEW ZEALAND TRACK & FIELD CHAMPIONSHIPS**

2019 ATHLETE INFORMATION

These Championships will be conducted under the rules of the IAAF and Athletics New Zealand Supplementary Rules.

Athletes are eligible to compete at the Athletics New Zealand Track & Field Championships as either an official entrant who is eligible under By Law C3.2 - Eligibility or as a visitor to these championships if they do not meet the criteria.

By Law C3.2

- i. I am a current registered member of Athletics New Zealand.
- ii. I am a New Zealand citizen or a permanent resident (as these terms are defined in the Immigration Act 1987) and if required can furnish evidence of such.
- iii. I have not represented another IAAF affiliated country or territory during the last three years. (iv) I am eligible to compete as under 2018 - 2019 IAAF Competition Rules 20, 21 & 22.

Athletes representing overseas clubs must obtain clearance from their national federation to compete at these championships. This authority should be forwarded to Athletics New Zealand prior to the commencement of competition.

Safety

In the interests of safety to athletes, coaches, officials, volunteers and spectators the following should be adhered to at all times:

- Spikes are only to be worn on the Field of Play or in relevant warm-up areas
- Entry to the Field of Play (FOP) is to be made by athletes under control of officials
- Athletes are not to cross the infield of the FOP
- Warm-ups must be done within the relevant area only and preferably with a spotter for safety reasons in attendance
- No glass is permitted within the FOP or warm up area
- Throwing implements should only be picked up when directed by officials
- Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track
- Read the Safety notice that follows and abide by the Health and Safety plan

Stadium Entry

- Athletes will be able to enter the stadium by the Boulevard - refer Ground Map map. (There is no entry charge for athletes).
- No unauthorized person(s) shall be allowed in the competition area

Race Pack Collection

- Packs will be available to team managers and athletes not representing center teams from 4:00pm on Thursday 7 March 2019 from the Technical Information Centre (TIC) located on the ground floor of the Athletics Control building adjacent to the grandstand

- Thereafter on competition days from the Technical Information Centre (TIC)
- It is the responsibility of centre team managers to collect race packs and make any amendments for athletes representing centers - scratching, name amendments, etc.
- Athletes in centre teams must collect their race pack from their centre team manager
- Centre team athletes are not required to sign in at the Technical Information Centre prior to competition, but must observe call room protocols as listed below
- Athletes competing as individuals MUST CONFIRM their entry by signature when picking up their competition numbers at least 90 minutes prior to the scheduled start time of their FIRST event entered. Athletes are able to confirm prior to the competition day that their event is scheduled. Athletes not completing this process are liable for exclusion from that event and all other events that they have entered. IAAF Rule 142.4 "Failure to participate" would apply
- Only those athletes confirmed as starters will be drawn in the fields for each event
- Where the athlete's race pack is collected by another person on their behalf, the athlete will be deemed to be at the venue and prepared to report to the call room

Uniforms

- Athletes selected to represent their centre must wear the approved centre uniform
- Athletes competing as individuals must wear their approved club uniform

Spikes

The requirements of the Nga Puna Wai track surface are:

- Maximum length of spikes is 6mm except in High Jump and Javelin where a maximum of 9mm is allowed
- ONLY Conical shape spikes are allowed
- NO other type of spikes are allowed including Needle/Pin shapes

Competition Numbers

- Athletes will be allocated two competition numbers, which must be worn on the front and back of the uniform singlet during competition with exception of Jumping Events who only need to have one bib on
- Athletes tampering with competition numbers may be liable for disqualification
- Any athlete who loses their competition number should go to the Technical Information Centre to obtain a replacement number as soon as possible

Implement Checking

Personal implements must be presented at the Technical Room for checking and impounding at the following times:

- For Friday morning competition - on Thursday prior to the technical meeting otherwise 4 hours prior to start of event
- For Saturday morning competition - before 5pm on Friday otherwise 4 hours prior to start of event
- For Sunday morning competition - before 5pm on Saturday otherwise 4 hours prior to start of event The Technical Room is located next to TIC on the ground floor of the Athletics Control building

Starting Heights

Starting heights for the high jump and pole vault are as follows and advised at the Technical meeting. They are subject to adjustment by the Jumps Referee if warranted by conditions on the day of Competition

HIGH JUMP

Snr Men 1.82

Change

plus 4 >2.18 plus 4 >2.01

plus 4 >1.91

plus 4 >1.81 plus 4 >1.73 plus 4 >1.70

Change

plus 15 >5.30 plus 15 >5.10 plus 15 >4.13

plus 15 >4.15 plus 15 >3.87 plus 15 >3.61

S/H M-U20 1.68

plus 5 plus 5

plus 5

plus 5 plus 5 plus 5

M-U18 1.64 **Snr Women** 1.54

W-U20 1.47 **W-U18** 1.43 **Ties + or - 2**

>2.02 >1.93

>1.79

>1.69 >1.57 >1.58

plus 20 >4.85 plus 20 >4.65 plus 20 >3.38

plus 20 >3.55 plus 20 >3.57 plus 20 >3.16

plus 3 plus 3

plus 3

plus 3 plus 3 plus 3

Change

plus 10

plus 10 >5.20 plus 12 >4.61

plus 10 >4.45 plus 10 >4.27 plus 10 >4.01

POLE VAULT

Snr Men 3.45

Snr Women 2.95 **W-U20** 2.57 **W-U18** 2.36 **Ties + or - 5**

M-U20 3.05 **M-U18** 2.98

S/H Change

Scratching's

- These should be submitted on the appropriate form signed by the athlete or their manager to the Technical Information Centre [TIC] as soon as possible, but at least 90 minutes before the event start time. Any individuals not associated with a team should similarly submit any scratching
- If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified s/he shall not be permitted to compete further
- No athlete who has retired from competition due to ill health will be able to re-enter competition (relay teams included) unless the athlete supplies a medical certificate and clearance has been obtained from the Technical Delegate

Draws

- Field and Track: The order for field/track events shown in the programme will be in alphabetical order and not the competition order
- Track: Lane draws for all track events (including those, which are straight finals) will be published after confirmations/scratchings have been received and posted as soon as possible

Call Room Procedure

ALL ATHLETES without exception must report to the **Call Room** by the detailed final call report time **FAILURE** to do so will make the athlete liable for **DISQUALIFICATION**

Officials will subject all athletes to the required call room checks in accordance with IAAF Rules:

- Correct uniform is being worn on entry to call room
- Correct competition numbers are being worn on entry to call room
- Check of competition shoes ,i.e. correct number of and sizes pikes
- Checking of competition chairs and throwing frames for Para Athletes
- Check of bags taken into the competition arena
- Personal material (athletes are not allowed to have glass bottles or containers, electronic or similar devices in the FOP)
- Athletes can only take water onto the FOP, no food, juice or similar will be allowed

Mobile Phones/Smart Watches

- **Field athletes** – phones/smart watches will be allowed in the FOP but **MUST** be turned OFF and kept in athletes bag, any athlete found using or looking at their phone/smart watch on the FOP will be issued with a Yellow card or a Red card depending on the circumstance
- **Track athletes** must not bring their phones/smart watch into the Call Room but leave them with a responsible person. The Call Room Judges will retain any personal material that contravenes the rules. The Call Room Judge will present the athlete with a receipt. This material may be collected by the athlete once their event is over and upon presentation of the receipt at Post event control

The call room is located (and sign posted) as per the map for **all athletes and all events** including **wheelchair athletes**.

The officials in the call room will direct athletes when they are to be escorted to the competition arena.

If an athlete is likely to be competing in another event at the designated call time for that event s/he must advise the call room official at the time of checking in for the first event.

Scratching's are not to be submitted to the Call Room. These must be handled at the TIC Drinks in the Competition Arena

- The Call Room will allow water through to the Field of Play. NO glass containers will be allowed

Call Room Reporting Times

Athletes must report to the call room at the following times preceding the advertised start time for their event:

- Track events (including Relay events) - 20 minutes
- Field events (excluding Pole Vault) – 40 minutes
- Pole Vault - 75 minutes

Warming Up

- Warming up is not permitted in the main arena
- TRACK and non-impliment warm up is on the Warm up track adjacent to the main track (Note: the infield is not to be used for track warm up)
- Hurdle warm ups are done on the Pole Vault runway in the Warm up area (Athletes will still have time for run outs from the blocks at the start of their event)
- Throws warm up is only in the Throws zone and must be accompanied by a spotter
- NO overhead backward warm up throws are allowed inside the FOP

Progression to Finals

Rules for progression to finals will be determined as follows:

100m, 200m, 400m, 100m H, 110m H, 300m H, 400m H and 4x100m:

- 1 to 8 competitors
- 9 to 16 competitors
- 17 to 24 competitors
- 25 or more competitors Semi-finals will be held and progression under IAAF rules

800m and 4x400m:

- 1 to 11 competitors
- 12 to 20 competitors
- 21 to 30 competitors

1500m and 3000m SC:

- 1 to 15 competitors
- 16 to 30 competitors
- 30 competitors or more and

5000m:

1 to 26 competitors

2 heats 3 heats

Direct to final

First 3 and next 2 fastest to final

2 heats 3 heats

Direct to final

First 3 and next 2 fastest to final First 2 and next 2 fastest to final

First 2 and next 3 fastest to final

Direct to final

2 heats

3 heats First 3 and next 3 fastest to final **3000m**

27 to 40 competitors

Should entry numbers not reach the required number for heats to take place, the event will proceed direct to final and be held at finals time.

Relays

- Team declarations made on the forms provided at the TIC, are to be submitted at the TIC prior to 90 minutes before advertised start time. These team declarations must supply team names plus reserves and running order
Please Note: IAAF Competition Rule 170.11 will apply
- An athlete not previously entered into the Championships at the time of entries closing will not be permitted to run in a relay
- Athletes can be entered as Relay Only entries. This must be done prior to the close off date for entries

Post Event Procedure

- All athletes are to leave the competition area via post event control
- Any goods confiscated in the call room can be collected from the post event control
- Warm downs must be done outside the stadium arena

Medal Ceremonies

- For all events, medal ceremonies will take place at the published time in the programme
- Athletes should make their way to the medal presentation area in readiness for the ceremony to take place as none will be delayed for absent athletes
- Athletes must wear their correct competition uniform singlet (tracksuit trousers may be worn)

Doping Control

- Athletes are reminded that they may be required to undertake doping control at the conclusion of their event
- Athletes may elect to have a representative/support person present
- If you have further events or duties (such as medal presentations or interviews) please advise the doping control chaperone when you are first approached

Walks

- There will be NO Pit Lane at these Championships

First Aid

- St John's will be present at the event throughout the day they will be identifiable in their uniforms
- They will be situated near Post Event control which is near the 1500m start
- There will be an ambulance on site if required

Technical Meeting

- This will be held on Thursday 7 March 2019 at 7pm for all Team Managers in the Sports Hub building at Nga Puna Wai