



Number 13

21 Feb.2018

Time to hand in last seasons CCAA Canty Champs Trophies. Please drop them off at the Control Room at Rawhiti.



What's coming up

February 2018:-

- 17th — Rawhiti- Quadrathon No 2, Boys and Girls
Grade 10-14
Ribbon Meeting Grades 7-9

24th — Last Interclub—Rawhiti

24/25th — Senior Track and Field Champs, Timaru

March 2018

3/4th — CCAA Canterbury Champs– Timaru

11th— Mid South Canterbury Champs

Programme 1

This week Walks and Hurdles will be run for both boys and girls.

This will happen at the time as currently listed in the programme.



Girl's Relays this week

Duties for 24th Feb

Duty Club PTOC
Food SELW

Relay duties

Change 1 LIAC, PRHL, NCAN
Change 2 NBOL, CANU, PHOX
Change 3 SELW, SUMN, PTOC

Please ensure your children to get to the track marshalling areas on time, it would be a shame if they missed their race!!



Only 1 more meeting at Rawhiti before Champs!!
Keep calm and do your best.

A huge thank you for another season to our sponsor Shoe Clinic. Thank them by shopping with them..

This season was year 2 of the 2 yearly cycle for event duties for clubs. This means next season we all move on to a new event. This will be discussed in full at the CCAA meetings over the next few months.

Medals for Boys and Girls 10-14 Quadrathon will be given out this Saturday. Results as listed on the CCAA website will show you who will be receiving them.

athleticscanterbury.org.nz/Sections/Childrens-Athletics

[Events-Results/Archived-Results/Childrens-results-archived](http://athleticscanterbury.org.nz/Sections/Childrens-Athletics/Events-Results/Archived-Results/Childrens-results-archived)

The Sub Centre extends an invitation to all Canterbury Clubs to join the Sub Centre's Mid South champs on Sunday 11th March 2018. On the 11th Feb this was turned into a track meet due to the weather.

The cost of competing for the day is \$5.00 for Junior athletes and \$7.00 for Senior athletes. Enter and pay on the day.

Athletes from clubs outside of the Sub Centre are not eligible for Sub Centre Cups.

Time	Event	Track	Shot Put 10.00am start	Discus 10.00am start	Long Jump 10.00am start	High Jump 10.00am start	Triple Jump	Javelin
9.30am	Walk	10-12 (1.2km) 13 (1.6km) 14 (2.0km)						
		17 to Mtrs 3000m						
10.00am	400m	10 to Masters Female H or F	7 Girls	7 Boys	17 to Mtrs M	17 – Mtrs F		
		10 to Masters Male H or F	8 Girls	8 Boys	14 Boys	10 Girls		
	60m	7, 8, 9, Girls	9 Girls	9 Boys	13 Boys	12 Girls		
		7, 8, 9, Boys	11 Girls	10 Boys	12 Boys	13 Girls		
	800m	10 to Masters Female	12 Girls	12 Boys	11 Boys	14 Girls		
		10 to Masters Male	13 Girls	17 to Mtrs M	10 Boys	11 Girls		
	100m	7 to Masters Female	14 Girls	14 Boys	8 Boys			
		7 to Masters Male	10 Girls	13 Boys	7 Boys			
			17 to Mtrs F	11 Boys	9 Boys			
1.00pm	3000 m	Open 14 to Masters Mixed	7 Boys	7 Girls	17 to Mtrs F	17 – Mtrs M		
	200m	7 to Masters Female H or F	8 Boys	8 Girls	14 Girls	14 Boys		
	200m	7 to Masters Male H or F	9 Boys	9 Girls	13 Girls	13 Boys		
	1500 m	10 to Masters Female	10 Boys	10 Girls	12 Girls	12 Boys		
	1500 m	10 to Masters Male	11 Boys	11 Girls	11 Girls	11 Boys		
	Hur- dles	12 to Masters Female	12 Boys	12 Girls	10 Girls	10 Boys		
	Hur- dles	12 to Masters Male	13 Boys	13 Girls	9 Girls			
			14 Boys	14 Girls	8 Girls			
			17 to Mtrs M	17 to Mtrs F	7 Girls	HAMMER	Triple Jump	Javelin
						15– Mtrs M	13 – Mtrs M	13 – Mtrs F
						15 – Mtrs F	13 – Mtrs F	13 – Mtrs M