



*Canterbury  
Children's  
Athletic  
Association Inc.*



## **'QUADRATHON' MEETINGS**

**NGA PUNA WAI SPORTS HUB, CHRISTCHURCH**

### **Quadrathon 1**

**NOVEMBER 17<sup>th</sup>, 2018 Commencing at 9.00am**

#### ***EVENTS FOR GRADE 10, 11, 12, 13 & 14 GIRLS***

**4 from: 200 METRES – 800 METRES – HIGH JUMP – SHOT PUT – DISCUS**

#### ***EVENTS FOR GRADE 10, 11, 12, 13 & 14 BOYS***

**4 from: 100 METRES – 1500 METRES – LONG JUMP – SHOT PUT – DISCUS**

**Pre-Entry for November 17th must be with Graham Vivian, by 1.00pm on  
Saturday 3rd November  
(Hand in at the Control Room or email entries to [vivgra07@xtra.co.nz](mailto:vivgra07@xtra.co.nz) by  
11.00pm that same day)**

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#### **High Jump Starting Heights**

The starting heights will be those used for Inter-Club Meetings, with 2 by 5cm rises, followed by 3cm rises throughout the event.

It is hoped to use standard rules as we will be using 2 High Jump Pits.

**Medals for the first three placegetters in each individual sex and age grade will be presented at ~10.00am at the Inter-Club Meeting the following week. (November 24th and 23rd February)**

These Meetings will be 'OFFICIAL INTENSIVE' – CCAA would appreciate extra help from parents at this Meeting.

Ribbon Events and Have a go activities for Grades 7-9 will be held in conjunction with these meetings putting extra pressure on Officials. No pre-entry is required for Ribbon events.

**TEAM MANAGERS  
PLEASE GROUP ATHLETES BY GENDER &  
AGE GROUP TO AID ENTRY PROCESSING  
THANKS**

You **must** show the **athletes registration number**, age, grade and sex of each competitor, **and the event they do not wish to compete in.** We suggest you take a copy of the completed forms for your own records

**Clubs may enter as many athletes as wish to compete.  
We ask that Clubs enter only those that INTEND to compete.**

**Quadrathon 2  
February 16<sup>th</sup>, 2019**

EVENTS FOR GRADE 10, 11, 12, 13 & 14 GIRLS

4 from: 100 METRES – 1500 METRES – LONG JUMP – SHOT PUT – DISCUS

EVENTS FOR GRADE 10, 11, 12, 13 & 14 BOYS

4 from: 200 METRES – 800 METRES – HIGH JUMP – SHOT PUT – DISCUS

Entries will be called for in January

**PDF files of all these documents are posted on the CCAA Web Page  
for downloading if required.**