

# Quadrathon & Ribbon Meeting & SI Combined Events Championships

**Nga Puna Wai Sports Hub**

February 16th & 17th, 2019



## Saturday

Time	Quadrathon Meeting Events		Ribbon Meeting Events	S.I Combined Events	Time
	Track	Field			
9.00am	G10/G14 1500m B10/B14 800m	B11 High Jump (HJA) G11 Long Jump (LJA2) B12/G12 Discus G13/B13 Shot Put	G9 Long Jump (LJB1)		9.00am
9.35am			B7/B8/B9 100m		
9.45am			G7 Have a Go		
9.50am	G11/G13 1500m B11/B13 800m	G10 Long Jump (LJA2) B10 High Jump (HJB) B12/G12 Shot Put B14/G14 Discus	B9 Long Jump (LJB1)		
				Mens 100m Back Straight	10.00am
10.15am			B7 Have a Go		
10.25am			G7/G8/G9 100m		
				W16 High Jump	10.30am
10.40am	G14 100m B14 200m G12 1500m B12 800m	B10/G10 Discus G11/B11 Shot Put G13 Long Jump (LJA2) B13 High Jump (HJA)	B7 Long Jump (LJB1)		
				Mens Long Jump	10.50am
				M16 Javelin	10.55am
11.00am			G8 Have a Go	Womens Hurdles Back Str	11.00am
11.30am	B10/B13 200m G10/G13 100m	G11/B11 Discus B14/G14 Shot Put G12 Long Jump (LJA2) B12 High Jump (HJ A)	G9 Have a Go B8 Long Jump (LJB1)		
11.45am			B8 Have a Go		
12.05pm			B7/G8/G9 60m G7 Long Jump (LJB1)	Womens High Jump	12.05pm
12.15pm			B9 Have a Go	Mens Shot Put	12.15pm
12.20pm	G11/G12 100m B11/B12 200m	B10/G10 Shot Put G13/B13 Discus G14 Long Jump (LJA2) B14 High Jump (HJA)			
12.30pm			G8 Long Jump (LJB1)		
				W16 Javelin	12.40pm
12.45pm			G7/B8/B9 60m		