

Canterbury Chatter



ATHLETICS CANTERBURY

August 2015

Vol 2, Issue 5

NATIONAL CROSS COUNTRY CHAMPS

What a fantastic day! The weather behaved, our officials were fantastic as always and our athletes gave their all!

First up were the Masters Men with multiple age grade winners, a teams silver and the first of our teams titles.

The Masters Women followed and also delivered with age grade medals and a team silver.

In the Under 18 Women Harriet Bush came through strongly at the end to pick up the silver medal and led the team to the teams gold.

Our Under 18 Men weren't individually on the dais but combined to convincingly take the teams title in possibly the strongest contested race of the day.

Rosa Flanagan as expected was dominant in the Under 20 womens race with Gabby Gray in second. The teams title also went to Canterbury.

Our Under 20 men were up with the leading group almost the whole race but unfortunately couldn't make it onto the dais individually. Like the Under 18 men they combined to win the teams title.

Our senior womens team was taken apart by illness and injury but Rachel Kingsford made sure Canterbury was on the dais with second place.

In the Senior Men early Canterbury expectations were with Callan Moody however it was Oska Inkster Baynes who led the team home in third place to deny Auckland the trifecta. Our boys backed each other for the teams title.

So in summary for me we may not have won as many individual titles as we would have liked but the team support was fantastic to pick up six team golds and 2 team silvers.

The challenge is to repeat this in Auckland next year. Team medals are always up for grabs if we can get four finishes in each grade (six for senior men).

We were also pleased to get good coverage from CTV. Hopefully you have seen the video footage—if not it is on our website.

Full summary of our results are on the next page.

Special points of interest:

- CONTRIBUTIONS, PARTICULARLY PHOTOS, ALWAYS WELCOME FOR THE NEWSLETTER!

Inside this issue:

NZ CROSS COUNTRY RESULTS	2
CLUB RUN DETAILS	3
COACHING MODULES	4
CALENDAR	5
CONTACT	6

National Cross Country Placings

Masters Men 35-49 Team 2nd

Chris Mardon	2nd (1st 40-44)
David Fitch	4th (2nd 40-44)
Kerry Faas	8th (1st 45-49)
Jason Baillie	11th (3rd 45-49)

Masters Men 50+ Team 1st

Richard Seigne	5th (4th 50-54)
Chris Rae	7th (6th 50-54)
Anthony Duncraft	9th (8th 50-54)
Don Greig	13th (3rd 55-59)

Masters Women Team 2nd

Maggie Chorley	4th (1st 45-49)
Karen Muller	7th (3rd 45-49)
Robyn Perkins	9th (2nd 50-54)
Jane Pairman	10th (3rd 50-54)

Women Under 18 Team 1st

Harriet Bush	2nd
Akeira Worthington	7th
Amelia Persson	8th
Lily Trotter	9th

Men Under 18 Team 1st

Mitchell Small	7th
Nick Moulai	8th
Goiteom Gebremedihin	11th
Cameron Bartlett	14th

Women Under 20 Team 1st

Rosa Flanagan	1st
Gabby Gray	2nd
Kiri Aitken	4th
Aimee Elliott	9th

Men Under 20 Team 1st

Cameron Avery	4th
Ieuan Van der Peet	7th
Matt Prest	8th
Joey Dwyer	12th

Senior Women

Rachel Kingsford	2nd
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Senior Men Team 1st

Oska Inkster Baynes	3rd
Callan Moody	6th
Ben Musson	11th
Claude Meffan	14th
Matt Dryden	16th
Malcolm Hodge	17th

Other results

Masters Men

Martin Lukes	12th (5th 40-44)
Axel Reiser	17th (5th 45-49)
Paul Angland	20th (6th 40-44)
Malcolm Cornelius	22nd (8th 45-49)
Allan Staite	24th (9th 35-39)
Kevin Muir	26th (9th 45-59)
Phil Keelan	28th (10th 45-49)

Masters Men 50+

Anthony Rogal	15th (4th 55-59)
John Fitch	16th (10th 50-54)
Tim Graham	16th (12th 50-54)
Dave Collie	20th (14th 50-54)
Clive Kitchingman	25th (6th 55-59)
Rodger Ward	28th (6th 60-64)
Greg Harney	29th (3rd 65-69)
Michael Bond	30th (1st 70-74)
Iain Chinnery	31st (4th 65-69)
Graham Batchelor	34th (5th 65-69)
John Caughley	37th (2nd 75-79)
John Eastmond	38th (3rd 75-79)
John Gordon	39th (4th 75-79)
Warren Elliott	40th (7th 60-64)
Peter Coughlan	41st (4th 70-74)

Masters Women

Leonie Kaywood	12th (4th 45-49)
Natasha Mitchell	13th (2nd 35-39)
Ruth Love-Smith	15th (3rd 35-39)
Leesa Edge	19th (7th 45-49)
Margaret Flanagan	22nd (1st 65-69)
Bernadette Jago	23rd (2nd 55-59)
Adrienne Smith	27th (4th 55-59)
Shirley Rolston	29th (2nd 65-69)

Under 18 Women

Jess Fahey	12th
Siana Worthington	13th
Louise Daly	25th
Navajo Prentice	27th
Lorna Pairman	29th
Marisol Hunter	30th
Anna Reese-Jones	32nd
Annika Levestam	33rd

Under 18 Men

Saxon Morgan	15th
Chris Dryden	21st
Connor Melton	27th
Latham Fairhall	30th
Jeremy Penrose	32nd
Zach Taylor	33rd
Matthew Clough	34th
Angus Bailey	35th
Connor High	39th
Nathan Cochrane	41st
Shaun Souness	48th
Farran Landers	52nd
Thomas Coates	53rd

Maxwell McLachlan	55th
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Under 13 Girls

Rosa Blake	1st
Neve Moulai	2nd
Leila Dunlop	3rd
Isabella Gibson	5th
Zoe McMeeken	7th
Charlotte Spurway	8th
Rosie-Jane Trotter	10th
Courtney Elliott	12th
Emma Parke	13th
Paris Carroll	14th
Lydia Pye	16th

Under 20 Women

Mairi Law	11th
Sonia Hollands	14th
Natalie Dryden	15th

Under 13 Boys

Will Taylor	2nd
Jake Jackways	3rd
Ethan Smolej	5th
John Wells	6th
Luke Ziswiler Hayton	7th
Blake Theobald	8th
Louie Howell	9th
Ryan Bagrie	10th
Harry Denington	11th
Thomas Clarke	12th
Sam Clark	13th

Under 20 Men

Cameron Swales	16th
Josh Browne	19th

Under 15 Girls

Liliana Braun	2nd
Brynlea Pain	6th
Emilie Brunton	7th
Bailey Peterson	9th
Abby Theobald	10th
Aria Carroll	11th

Senior Women

Angela Whyte	5th
Grace Fursdon	16th
Jenny Blomqvist	17th

Under 15 Boys

Ayrton Shadbolt	3rd
Chanel Muir	5th
Daniel Roswell	6th
Cameron Clark	7th
Oscar Fossey	8th
Caleb Parsons	10th
Sam Medlicott	12th

Combined Club Run

"Teenage Run"

DATE: Sunday 15th August

WHERE: Cashmere Scout Den
176 Hackthorne Road
(Reserve behind the Sign of
the Takahe, about 250m down
Hackthorne Road)

TIME: 8.30 for those wanting to run
90mins
9.00 for those wanting to run 60
mins

ALL WELCOME
(12 years and older)

***MORNING TEA PROVIDED
AFTER THE RUN***

COME JOIN US!!!!

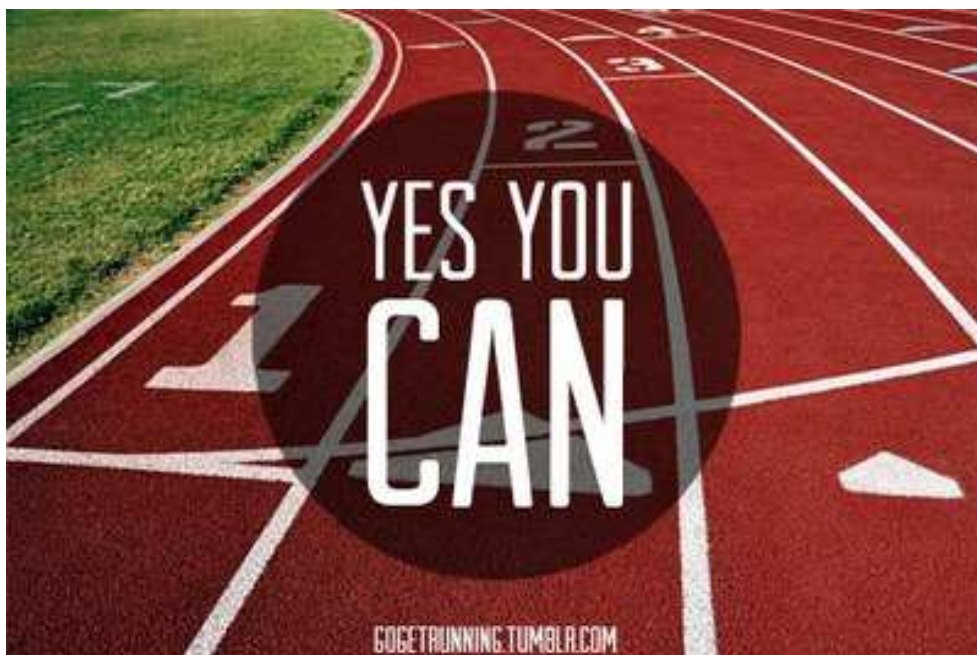
Hosted by Christchurch Avon

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Looking for more knowledge about athletics?

Want to help your club s athletes?



Development Level 2 Coaching Modules

Dates	September 6th	Track
	September 12th	Throws
	September 13th	Jumps
	September 20th	Theory

Further details regarding times, venue etc will be distributed as soon as available.

To register your interest for any courses or for further information please email Anita on:

coachforce@athleticscanterbury.org.nz

Unofficial National Cross Country Points Table

	Gold	Silver	Bronze	4th	5th	6th	7th	8th	Total Medals	Total points
	10 pts	8 pts	6 pts	5 pts	4 pts	3 pts	2 pts	1 pts		
AKL	4	3	4	4	1	2		1	11	119
WBP		3	1		3			1	4	43
TAR				1					0	5
MWA						1			0	3
WEL	4	2	4		2	3	1	1	10	100
TAS	1		3	1	1	1			4	40
CAN	7	6	1	4	2	1	5	4	14	169
OTG	2	3	2	3	1	1	3	1	7	85
STH								1	0	1

Note: table above includes team medals but not masters 5 year age group medals or the childrens races (Under 15 etc). Does include masters wider age group medals (ie MM 35-49, MM 50+ and MW over-

SEPTEMBER 2015

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Cross Country Mtg	2	3 Exec Mtg	4	5 NZ Road Champs	6 Dev 2 Coach Modules
7	8	9	10	11	12 Governors Bay to Lytt Dev 2 Coach Modules	13 Dev 2 Coach Modules
14 Childrens Com Mtg	15	16	17 Track and Field Mtg	18	19	20 Combined Club Run Dev 2 Coach
21	22	23	24 Inter-Regionals	25	26	27
28	29	30	1	2	3 NZ Road Relay	

Please note committee meeting dates could differ depending on availability of committee members and how dates fall during the month



ATHLETICS CANTERBURY

You can keep up to date with what we are up via a number of different avenues!

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Our website is: www.athleticscanterbury.org.nz

We are on Facebook: [search Athletics Canterbury](#)

We are on Twitter: [search AthleticsCenter](#)

We want to get this newsletter to every person with an interest in our sport so please feel free to forward it on to your networks!



World Athletics Champs

Good luck to Angie Petty, Tom Walsh and Rosa Flanagan who are competing at the upcoming World Athletics Championships in Beijing.

The championships are being broadcast live on Sky Sport 7 starting on the 22 August through to the 30th August.

Our athletes events are on at the following times (NZ time);

Tom Walsh	23rd August	2.05pm (Qual) 11.30pm (Final)
Rosa Flanagan	24th August 27th August	1.45pm (Heat) 1.00am (Final)
Angie Petty	26th August 28th August 29th August	2.25pm (Heat) 12.05am (Semi) 11.15pm (Final)



Good luck to the Canterbury Primary School Inter-Regionals team in their final preparations leading up to the event in Blenheim!

Hopefully you can bring the Phil Costley Shield home to Canterbury.