

CANTERBURY CROSS COUNTRY AND ROAD COMMITTEE

LIONEL FOX MEMORIAL RELAYS 4x5km 2010

Team Results

Masters Men

Place	Team	Lap 1	Lap 2	Lap 3	Lap 4	Team Time
1	Sumner 121	Gavin Hawke 15:36 1 MM 2 O/AII	Jonny Sim 18:05 28 MM 67 O/AII	Morgan Strong 17:27 19 MM 48 O/AII	Alastair Cory-Wright 17:16 13 MM 38 O/AII	1:08:24
2	Papanui Toc H 107	Ronnie Thomas 17:27 17= MM 46 O/AII	Anthony Duncraft 17:27 17 MM 46= O/AII	Shane Grose 17:36 20 MM 50 O/AII	Darren Hoolahan 16:15 4 MM 17 O/AII	1:08:45
3	Christchurch Avon 94	Andrew Reese-Jones 16:58 8 MM 30 O/AII	Richard Seigne 16:36 5 MM 21 O/AII	John Gamblin 18:12 30 MM 70 O/AII	Richard Merrett 17:22 16 MM 42 O/AII	1:09:08
4	North Canterbury 104	Brian Law 17:17 14 MM 39 O/AII	Dave Collie 17:49 22 MM 56 O/AII	Joe Ford 17:03 9 MM 32 O/AII	Brent Pulley 17:05 10 MM 34 O/AII	1:09:14
5	Port Hills 109	Gary McLroy 15:50 2 MM 10 O/AII	Tom Jarman 17:58 25 MM 62= O/AII	Dave Burne 18:05 29 MM 68 O/AII	Mel Orange 18:33 33 MM 79 O/AII	1:10:26
6	New Brighton 100	Simon Ralph 18:33 32 MM 78 O/AII	Gary Melhuish 17:15 12 MM 37 O/AII	Andrew Turpin 19:45 50= MM 105= O/AII	Marc Ypelaar 16:44 6 MM 23 O/AII	1:12:17
7	Canterbury Triathlon 91	Axel Reiser 16:02 3 MM 13 O/AII	Tom Young 20:38 66 MM 131 O/AII	John Kennedy 20:11 59 MM 119 O/AII	Andrew Abakhan 17:09 11 MM 36 O/AII	1:14:00
8	Christchurch Avon 95	Dave Holland 17:56 24 MM 59= O/AII	James Rogal 18:43 36 MM 85= O/AII	Rodger Ward 18:43 36= MM 85 O/AII	Denis Christmas 18:54 39 MM 91 O/AII	1:14:16
9	University 124	Chris Mardon 16:48 7 MM 27 O/AII	Malcolm Cornelius 17:54 23 MM 58 O/AII	Peter Stribling 21:10 71 MM 145 O/AII	Maichael Bond 20:35 65 MM 130 O/AII	1:16:27
10	Port Hills 110	Phil Chapman 19:10 44 MM 98 O/AII	Michael Smith 18:53 38 MM 90 O/AII	Mike Glen 19:50 53 MM 110 O/AII	Paul Johnston 19:17 45 MM 99 O/AII	1:17:10
11	Christchurch Avon 98	Nigel Heslop 19:02 41 MM 95 O/AII	John Palmer 19:39 49 MM 104 O/AII	Mike van der Colk 19:55 54 MM 111 O/AII	Craig Eustace 18:39 34 MM 80 O/AII	1:17:15
12	Sumner 122	Will Blake 20:13 60= MM 120= O/AII	Ian Withington 20:13 60 MM 120 O/AII	Trevor Batin 20:04 56 MM 114 O/AII	Julian Gudsell 18:39 34= MM 80= O/AII	1:19:09
13	Olympic 106	Kevin Papps 19:08 43 MM 97 O/AII	Stephen Graham 22:21 84 MM 175 O/AII	Doug Dunn 21:19 74 MM 149 O/AII	John Sheddan 20:05 57 MM 115 O/AII	1:22:53
14	Rovers 120	Mike Campbell 21:56 78 MM 165 O/AII	Brian Chubbin 24:13 93 MM 202 O/AII	Gary Jones 17:59 27 MM 64 O/AII	Gary Jones 19:45 50 MM 106= O/AII	1:23:53

15	Port Hills	John Shivas	Chris Arnold	Mike Mie	Charlie Nolan	1:24:07
	113	20:32	22:13	23:24	17:58	
		64 MM 129 O/AII	80 MM 170 O/AII	91 MM 193 O/AII	25= MM 62 O/AII	
16	North Canterbury	Nigel Cox	Malcolm Collie	Merv Burt	Mike Riley	1:25:41
	105	19:01	20:40	23:42	22:18	
		40 MM 94 O/AII	67 MM 133 O/AII	92 MM 196 O/AII	83 MM 174 O/AII	
17	Christchurch Avon	Victor Gamperle	Chris Florkowski	Gary Prest	Paul Norton	1:26:13
	99	19:55	22:32	24:21	19:25	
		55 MM 112 O/AII	86 MM 180 O/AII	94 MM 204 O/AII	46 MM 101 O/AII	
18	Anglican	Eric Cox	Andrew Maynard	Tim Kerr	Peter Free	1:26:23
	146	20:20	22:27	17:18	26:18	
		62 MM 124 O/AII	85 MM 178 O/AII	15 MM 40 O/AII	99 MM 221 O/AII	
19	Anglican	Mick Grimley	John Christie	Renata Blanchfield	Hank Van Til	1:27:40
	148	20:49	20:05	25:32	21:14	
		68 MM 135 O/AII	58 MM 116 O/AII	35 MW 217 O/AII	73 MM 147 O/AII	
20	Anglican	Jeff Hill	Terry Foote	Avril Thresh	Andrew Bates	1:28:03
	149	19:47	22:14	27:49	18:13	
		52 MM 108 O/AII	81 MM 172 O/AII	38 MW 227 O/AII	31 MM 71 O/AII	
21	Canterbury Triathlon	Grant Jeffreys	Mary Jones	Murray Johnstone	Pam Yee	1:30:14
	92	20:26	23:32	21:11	25:05	
		63 MM 125 O/AII	25 MW 194 O/AII	72 MM 146 O/AII	31 MW 211 O/AII	
22	New Brighton	Richard Young	Jackie Cook	Ian Riley	Allan McLaren	1:31:06
	102	19:36	27:16	21:33	22:41	
		48 MM 103 O/AII	37 MW 225 O/AII	75 MM 155 O/AII	87 MM 182 O/AII	
23	Sumner	Bee Ruder	Barry Ireland	Lockie Campbell	Annette Campbell	1:31:32
	123	25:44	21:08	21:36	23:04	
		98 MM 220 O/AII	70 MM 143 O/AII	77 MM 158 O/AII	21 MW 186 O/AII	
24	New Brighton	Chris Stowell	Kelvin Rowe	Laurie O'Neil	ANOther	1:32:38
	103	22:13	23:13	21:35	25:37	
		16 MW 171 O/AII	90 MM 190 O/AII	76 MM 157 O/AII	96 MM 218 O/AII	
25	Olympic	Renalda Reid	Tessa Holland	John Kerrison	Margaret Flanagan	1:35:45
	140	22:04	23:39	26:40	23:22	
		15 MW 169 O/AII	26 MW 195 O/AII	101 MM 223 O/AII	24 MW 192 O/AII	
26	Port Hills	Wendy Fox-Turnbull	Peter Bayliss	Stew Hill	Brent Gilpin	1:36:58
	114	25:31	22:00	26:39	22:48	
		34 MW 216 O/AII	79 MM 167 O/AII	100 MM 222 O/AII	88 MM 183 O/AII	
27	Papanui Toc H	Wyne Anstiss	Alan Blackburn	Nancy Dimmock	Tony Brorens	1:36:59
	108	25:43	21:07	27:04	23:05	
		97 MM 219 O/AII	69 MM 142 O/AII	36 MW 224 O/AII	89 MM 187 O/AII	
28	New Brighton	Guy Dryden	Brian Keown	Richard Hopkins	Marty Rowe	1:37:43
	101	19:31	30:25	22:17	25:30	
		47 MM 102 O/AII	102 MM 230 O/AII	82 MM 173 O/AII	95 MM 215 O/AII	

Masters Women

<i>Place</i>	<i>Team</i>	<i>Lap 1</i>	<i>Lap 2</i>	<i>Lap 3</i>	<i>Lap 4</i>	<i>Team Time</i>
1	Port Hills 141	Fiona Gilroy 18:51 1 MW 89 O/AII	Maree Greig 20:57 9 MW 140 O/AII	Pauline Poore 20:51 6 MW 136 O/AII	Sue Haines 21:34 12 MW 156 O/AII	1:22:13
2	North Canterbury 138	Adrienne Smith 23:09 22 MW 188 O/AII	Caroline Elliott 20:52 7 MW 137 O/AII	Jean Scott 21:45 13 MW 160 O/AII	Lisa McGoldrick 19:47 2 MW 109 O/AII	1:25:33
3	Canterbury Triathlon 136	Christine McKinley 22:23 17 MW 177 O/AII	Gail Harvey-Heyward 21:09 10 MW 144 O/AII	Sabine Schweitzer 22:51 19 MW 184 O/AII	Lynette Johnstone 20:29 4 MW 126 O/AII	1:26:52
4	Christchurch Avon 137	Robyn Perkins 22:02 14 MW 168 O/AII	Anne Kennedy 24:02 27 MW 199 O/AII	Jane Pairman 20:10 3 MW 118 O/AII	Annabelle Sheppard 24:03 28 MW 200 O/AII	1:30:17
5	Port Hills 143	Robyn Daly 21:27 11 MW 153 O/AII	Jo Clarke 23:11 23 MW 189 O/AII	Christine Bycroft 25:13 32 MW 212 O/AII	Margy Gilpin 22:58 20 MW 185 O/AII	1:32:49
6	Sumner 144	Jan Harrison 25:25 33 MW 213 O/AII	Chris Rowe 20:55 8 MW 138 O/AII	Jane Manthorpe 22:36 18 MW 181 O/AII	Cathy Ireland 24:24 29 MW 205 O/AII	1:33:20

Senior Men

<i>Place</i>	<i>Team</i>	<i>Lap 1</i>	<i>Lap 2</i>	<i>Lap 3</i>	<i>Lap 4</i>	<i>Team Time</i>
1	University 86	Simon Gannaway 15:47 7 SM 8 O/AII	Jason Lawrence' 15:48 8 SM 9 O/AII	Scott McDonald 16:59 23 SM 31 O/AII	Phil Costley 14:34 1 SM 1 O/AII	1:03:08
2	Sumner 83	Dallas Wichman 16:09 11 SM 14 O/AII	Marty Lukes 15:41 5 SM 6 O/AII	Grant Cuise 16:09 12 SM 15 O/AII	Tane Cambridge 15:38 4 SM 5 O/AII	1:03:37
3	Christchurch Avon 77	Nick Merrett 15:56 10 SM 12 O/AII	Geoff Scott 16:52 21 SM 28 O/AII	Perrin Richardson 16:45 19 SM 25 O/AII	Zach Butler 17:23 28= SM 44 O/AII	1:06:56
4	Christchurch BHS 74	Cam Mills 15:36 2 SM 2= O/AII	Derick Lotz 16:21 14 SM 18 O/AII	Callum Davidson 18:41 44 SM 83 O/AII	Sam Mills 16:34 16 SM 20 O/AII	1:07:12
5	Canterbury Triathlon 89	Lachlan Boyle 17:23 27 SM 43 O/AII	Andrew Black 16:33 15 SM 19 O/AII	Mike Phillips 16:13 13 SM 16 O/AII	Russell Harrison-Kirk 17:23 28 SM 44= O/AII	1:07:32
6	Papanui Toc H 80	Chris Kelly 16:44 18 SM 23= O/AII	Alex Cowden 17:03 24 SM 32= O/AII	Mark Hastie 17:57 35 SM 61 O/AII	Jake Stamper 15:53 9 SM 11 O/AII	1:07:37
7	North Canterbury 79	Sam Keenan 17:30 30 SM 49 O/AII	Carl Wilmshurst 17:53 33 SM 57 O/AII	Ben Ford 16:55 22 SM 29 O/AII	Ben Bamford 15:46 6 SM 7 O/AII	1:08:04
8	Sumner 84	Dave Firch 16:46 20 SM 26 O/AII	Nathan Jones 16:41 17 SM 22 O/AII	Eugene Campbell 17:20 26 SM 41 O/AII	Tim Farrant 18:07 38 SM 69 O/AII	1:08:54
9	University 87	Issac Peneha 17:56 34 SM 59 O/AII	Alex Fowler 15:37 3 SM 4 O/AII	Kieran Tibble 18:15 39 SM 72 O/AII	Phil Causer 17:08 25 SM 35 O/AII	1:08:56
10	Papanui Toc H 81	Kim Chambers 18:57 6 SW 92 O/AII	Mike Summerlee 17:44 21 MM 52 O/AII	Mark Cargin 19:03 42 MM 96 O/AII	Ben Musson 17:49 32 SM 55 O/AII	1:13:33
11	Christchurch BHS 75	Ollie Hunt 18:31 43 SM 77 O/AII	Hugo McDougall 19:58 48 SM 113 O/AII	Jack Brownie 18:17 40 SM 73 O/AII	Jarryn Wells 18:03 37 SM 66 O/AII	1:14:49
12	Canterbury Triathlon 90	Bryant Hardy 18:02 36 SM 65 O/AII	David Selway 21:55 56 SM 164 O/AII	Heath Eckersley 18:46 46 SM 87 O/AII	Dan McDonald 18:43 45 SM 84 O/AII	1:17:26
13	Christ's College 73	Alex Gregory 18:27 42 SM 75 O/AII	George Staniland 21:00 51 SM 141 O/AII	James Sandston 20:18 49 SM 123 O/AII	William Mohammed 23:42 57 SM 196= O/AII	1:23:27
14	University 88	Kate Hewitt 21:53 18 SW 163 O/AII	Charlotte Gannaway 24:44 26 SW 208 O/AII	Christian Ruegg 19:21 47 SM 100 O/AII	Jacob Lim 18:25 41 SM 74 O/AII	1:24:23
15	Port Hills 82	Braeden Botica 17:47 31 SM 54 O/AII	Heather McKenzie 23:58 23 SW 198 O/AII	Mike Newland 21:21 52 SM 150 O/AII	Nicole Mesman 24:07 24 SW 201 O/AII	1:27:13

16	Christ's College	Jack O'Connor	Nathaniel Seddon-Smith	Charkes Carey	Duncan Stone	1:32:35
	31	21:33	21:52	24:17	24:53	
		54 SM 154 O/AII	55 SM 162 O/AII	58 SM 203 O/AII	59 SM 209 O/AII	
17	Christ's College	Robert Beattie	Nicholas Gemmell	Barnaby Carey	Richard Park	1:39:22
	5	21:23	24:57	27:33	25:29	
		53 SM 151 O/AII	60 SM 210 O/AII	62 SM 226 O/AII	61 SM 214 O/AII	
18	Anglican	Greig Hill	Meg Christie	Regina Lenser	Des Johnstone	1:46:58
	147	20:56	20:30	28:57	36:35	
		50 SM 139 O/AII	5 MW 127 O/AII	40 MW 229 O/AII	103 MM 232 O/AII	

Senior Women

<i>Place</i>	<i>Team</i>	<i>Lap 1</i>	<i>Lap 2</i>	<i>Lap 3</i>	<i>Lap 4</i>	<i>Team Time</i>
1	University	Aine Hoban	Nicola Ross	Nick McFadzien	Tania Causer	1:16:34
	135	18:41	22:27	17:45	17:41	
		4 SW 82 O/AII	21 SW 178= O/AII	2 SW 53 O/AII	1 SW 51 O/AII	
2	Christchurch Avon	Lydia Marshall	Laura Wood	Selena Metherell	Evelyn Teeling	1:19:06
	128	18:28	20:13	20:40	19:45	
		3 SW 76 O/AII	10 SW 122 O/AII	12 SW 132 O/AII	8 SW 105 O/AII	
3	North Canterbury	Whitney Greig	Danielle Lippitt	Brittany Stewart	Olivia Moon	1:20:56
	131	18:59	21:41	21:26	18:50	
		7 SW 93 O/AII	16 SW 159 O/AII	15 SW 152 O/AII	5 SW 88 O/AII	
4	North Canterbury	Laura-Kate Bean	Karly Ryder	Laura Steffens	Abby Dixon	1:26:56
	132	21:57	20:48	21:49	22:22	
		19 SW 166 O/AII	13 SW 134 O/AII	17 SW 161 O/AII	20 SW 176 O/AII	
5	Sumner	Millie Haughey	Sophie Evans	Louise Egerton	Clare Blake	1:28:33
	133	20:31	20:09	24:37	23:16	
		11 SW 128 O/AII	9 SW 117 O/AII	25 SW 207 O/AII	22 SW 191 O/AII	
6	Christchurch Avon	Emily Wood	Rachael Gibson	Sandie Gamperle	Sue Johnson	1:48:19
	130	21:18	34:24	24:24	28:13	
		14 SW 148 O/AII	27 SW 231 O/AII	30 MW 206 O/AII	39 MW 228 O/AII	